

KENTUCKY HEALTH 1115 WAIVER QUICK RESOURCE

The purpose of this quick resource guide is to provide our membership with information as the Kentucky HEALTH waiver is implemented. This is only to serve as a quick resource with short explanations and links to state government websites where you, your office staff and patients can access updated information and materials. This is not an official Kentucky HEALTH document.

OVERVIEW OF KENTUCKY HEALTH

- On January 12, 2018, the Centers for Medicare and Medicaid Services (CMS) approved Kentucky's Section 1115 Demonstration Waiver called Kentucky HEALTH, which introduces new policies for most non-disabled adults covered by Medicaid. The program gets its name from its mission; the word HEALTH stands for "Helping to Engage and Achieve Long Term Health." There are 5 main parts of Kentucky HEALTH:
 - Cost Sharing
 - PATH Community Engagement
 - My Rewards Account
 - Employer Sponsored Insurance; and
 - Deductible Account.
- The goal of the program is to offer each beneficiary the ability to customize a path based on individual needs that will lead to better health, engagement in their communities, improved employability, and success through long-term independence.

IMPORTANT DATES

Kentucky HEALTH

July 1, 2018 Kentucky HEALTH goes live.

My Rewards

January 1, 2018: Starting in January 2018, all adults eligible for Kentucky HEALTH may begin earning My Rewards dollars. When beneficiaries go to the dentist for a cleaning, take their dependent child in for a check-up, get a health screening, or complete other types of preventive services, they will automatically earn dollars in their My Rewards Account.

April 1, 2018: Beneficiaries have the opportunity to continue earning dollars by participating in My Rewards education and training activities.

July 1, 2018: Kentucky HEALTH benefits begin. Beneficiaries can earn dollars for all qualifying activities, and use the dollars in their My Rewards Account to pay for dental services, vision services, and some fitness activities, such as gym memberships.

The PATH Community Engagement

The PATH requirement will be phased in across the Commonwealth, starting in some counties as early as July 1, 2018. The requirement will be statewide by the end of 2018.

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COVERED POPULATIONS & ELIGIBILITY GROUPS

- Kentucky HEALTH benefits will be available to all nondisabled Medicaid beneficiaries, low-income parents, family caregivers, pregnant women, former foster youth up to age 26, and children. Kentucky HEALTH is not for people who are on Medicare (over age 65) or those who are on Medicaid due to age or disability.

BENEFIT PLANS

- **Kentucky HEALTH Alternative Benefit Plan (ABP)**
 - Benefits and limitations similar to the Kentucky State Plan.
 - Non-medical vision/dental services covered through Kentucky HEALTH My Rewards Account
- **Kentucky HEALTH Medicaid State Plan/CHIP**
 - No change in benefits
 - All vision/dental services covered by MCOs
- Eligibility Chart click [HERE](#)

PATIENTS ENROLLMENT INFORMATION

- Patients will not need to re-apply to be enrolled in Kentucky HEALTH.
- If a person is currently on Medicaid, they will get information in the mail before the program starts. If they are eligible for Kentucky HEALTH, their benefits will not change until the new program starts in July 1, 2018.
- If a patient has recently moved, they will need to log in to benefind.ky.gov or call 1-855-306-8959 to update their mailing address to receive important information.
- In-person assisters will be trained on Kentucky HEALTH and able to help by calling 1-855-459-6328 to locate an assister in their area.
- If your patient does not have Medicaid now, they can apply at benefind.ky.gov or by calling the DCBS Family Support Call Center at 1-855-306-8959.

MY REWARDS ACCOUNT (MRA)

- A My Rewards Account (MRA) is an account for most adults eligible for Kentucky HEALTH. It works like a Health Spending Account. Beneficiaries can earn dollars into their account by completing certain activities.
- The MRA provides incentives for Kentucky HEALTH recipients to improve their health while actively participating in the community.
- The MRA, which is available to most adults eligible for Kentucky HEALTH, provides access to additional services not covered by Medicaid benefits packages. Individuals earn dollars in their account by participating in qualifying activities, such as:
 - Completing an education or training course online;
 - Meeting with a Kentucky Career Coach;
 - Complete community engagement activities or courses;
 - Receiving preventive health services; and

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- Making healthy life choices, such as smoking cessation.
- All Kentucky HEALTH participants, with the exception of children, may have access to a MRA by meeting certain requirements. Qualifying individuals began earning My Rewards dollars on January 1, 2018, and they may begin to use their My Rewards dollars on July 1, 2018.
- MCOs will continue to cover preventive vision and dental services for traditional Medicaid adults, pregnant women, children, individuals determined to be medically frail, and former foster youth up to age 26. These individuals will not use My Rewards Accounts for vision and dental services.
- Citizens who will qualify for Kentucky HEALTH and have a My Rewards Account are able to view their My Rewards Account balance on the Citizen Connect website where they may take courses on and get preventive health services to continue earning My Rewards dollars that go toward their My Rewards Account balance.
- **NOTE:** Some Kentucky HEALTH beneficiaries will be able to use the dollars in their My Rewards Accounts when Kentucky HEALTH goes live in July 2018.

PATH COMMUNITY ENGAGEMENT

- Community Engagement is the general term that refers to work and work-related activities that some people must do to stay eligible for their benefits in Kentucky HEALTH.
- However, Kentucky HEALTH is offering ALL beneficiaries access to many community engagement and employment resources through its PATH Program.
- PATH stands for “Partnering to Advance Training and Health.” Beneficiaries can use the program to access job opportunities, job training, volunteer opportunities, and much more – all free of charge.
- The PATH Community Engagement requirement will be implemented across the Commonwealth by region between July 1, 2018 and December 1, 2018.
- The expected timeline for the PATH Community Engagement rollout is listed below. Click [HERE](#) to access the state roll out map.
 - July 1, 2018: Campbell County
 - August 1, 2018: Boone County
 - September 1, 2018: Kenton County
 - October 1, 2018: Remaining counties in Northern Kentucky, Kentuckiana Works, Lincoln Trail, and Tenco, as well as Christian County
 - November 1, 2018: Green River, West Kentucky, South Central
 - December 1, 2018: Cumberlands*, Bluegrass, EKCEP*

**Paths2Promise counties will not participate in PATH Community Engagement requirements until the Paths2Promise program ends. Kentucky HEALTH staff has said that the PATH rollout is over a period of time so if they need to make changes they can do so. This is why the rollout map is marked draft.*

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MEDICALLY FRAIL DETERMINATION

- Medically Frail individuals are not required to participate in PATH and have the option to participate in cost sharing to gain access to MRA.
- Beneficiaries may be considered medically frail for many different reasons. Some of those reasons include:
 - Disabling mental health diagnosis
 - Chronic substance use disorder
 - Serious and complex medical condition
 - Significant impairment in ability to perform activities of daily living
 - Diagnosed with HIV/AIDs
 - Eligible for Social Security Disability Insurance (SSDI)
 - Chronic homelessness
- Kentucky HEALTH will be able to identify people who are medically frail using four key methods:
 1. The Medicaid system will look at state health registries.
 2. Managed care organizations will look at a beneficiary's medical services or use a tool to screen for medically frail status.
 3. Doctors can report that their patient may be medically frail to the managed care organization. *(See Medically Frail Attestation form and Condition Guide below)*
 4. The beneficiary can report that he or she may be medically frail to the managed care organization.
- Someone who is considered medically frail will get all the same medical benefits he or she gets now, including: Preventive care services, Specialty services, Non-emergency medical transportation, Vision services, Dental services.
- Medically Frail Attestation Form and Condition Guide:
 - Each MCO has a Medical Attestation form on their website. Each form is a standardized form that is restricted by DMS to have only the approved content. Each MCO has their own logo on the top of each form.
 - Links to sample Medically Frail Attestation Form click [HERE](#) and to Medically Frail Attestation Condition Guide click [HERE](#).

PROVIDER MATERIALS & TRAINING

- DXC Technology, formerly known as Hewlett Packard Enterprise, in conjunction with the Kentucky Department for Medicaid Services hosted a series of Provider Specific Webinars.
- Topics included KY HEALTH and My Rewards along with changes to KYHealthNet.
- We strongly encourage you and your staff to download materials for reference:
 - Training Presentations for KYHealthNet click [HERE](#)

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- Kentucky HEALTH Provider Reference Guide click [HERE](#)
- Additional Kentucky HEALTH Provider specific resource materials, reference guides and videos click [HERE](#)

IMPORTANT WEBSITES

- **Kentucky HEALTH** www.kentuckyhealth.ky.gov
Under the resource tab there are important guides/fact sheets/tool kits under the resource tab for citizens, healthcare providers and Businesses & Non-profits. Some of these materials will be helpful to you and your office staff. In addition, if your patients have questions there are materials available there as well.
- **Benefind** www.benefind.ky.gov
Allows Kentucky's families to easily access public assistance benefits
- **Citizens Connect** www.citizenconnect.ky.gov
Citizen Connect is a citizen-facing system that beneficiaries use for reporting activities and tracking benefits. Beneficiaries will can track there My Rewards account through this site
- **KYMMIS** www.kymmis.com
This for Medicaid providers and contains links to KYHealthNet, Department for Medicaid Services, Provider Directory, Electronic Claims, Companion Guides and EDI Guides
- **Department for Medicaid Services (DMS)** www.chfs.ky.gov/agencies/dms
Medicaid Home Page

MCO INFORMATION

- **Anthem**
855-690-7784 <https://mss.anthem.com/ky/home.html>
- **Aetna Better Health of KY** (formerly CoventryCares of KY)
855-300-5528 www.aetnabetterhealth.com/kentucky/members/
- **Humana CareSource**
855-852-7005 www.caresource.com/members/
- **Passport Health Plan**
800-578-0603 www.passporthealthplan.com/members/
- **WellCare of Kentucky**
877-389-9457 www.wellcare.com/Kentucky

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