

Practical TMD for your general practice

Learn how to incorporate and integrate a profitable TMD section into your general practice that makes sense. Determine how to evaluate new and current patients for practical results. Define sensible treatment options for long term success. Develop a fee structure for your TMD cases.

Goals and expectations of a detailed clinical exam

What are we looking for in our examination

History review

- Medical history, medications, current treating doctors

- Determine chief complaint, why is the patient here to see you and what do they expect from you and your practice.

- Determine what are the current and future goals for the patient

- Past history of accidents or trauma

- Past treatments for existing conditions, what has worked and what has not.

- Are the current symptoms the same or different than in the past.

- What has changed in the patients life and or conditions

- Aspects of pain - Duration, intensity, position, relief. establish this for head neck & back

- Head ache pain -Duration, intensity, position, relief. establish time frame and onset

Sleep evaluation epworth screen, results from past PSG or take home tests.

Clinical exam

What are we looking for in our detailed exam

Does the patient have wear, is it into dentin and what type of wear is present. Isolated, pattern, or generalized.

What type of jaw class is the patient Class, 1,2,3

Does the patient have a stable bite, anterior coupling and canine guidance

Does the patient have a slide closing into MIP, how much what direction

Are working or non working interferences present

Missing, fractured, restored teeth and are they replaced with what type of restorations, are the restorations adequate.

Palpation exam- Determine baseline before you test. 0-3 range

Muscle exam head and neck

Joint palpation static and in motion

tongue blade or stick eval in motion with and with out palpation

Determine if CR or phonetic jaw positions improves joint and range of motion function

Joint Evaluation, Muscles, tops of teeth

Basic Biometric examination, Joint Vibration Analysis

How do you determine what conditions are present

What are you going to do for treatment and how long is it going to take

Bite Techniques

Deprogramming Strategies

Bite registration for different conditions, how to capture your therapeutic jaw position for different splint types
Validate your therapeutic position before treatment

Splint determination

What type of splint fits your desired treatment with the conditions you find.

Splint options

Permissive vs non permissive orthotics

Day/night/both

Night appliance- Single arch vs dual arch, reposition air-way improvement

Day time options

Tracking treatment effectiveness with Biometrics, JVA, T-scan
Therapy management re-evaluation, what do you do how do you monitor what changes do you do for improved results
Appointment sequencing for different case types
Develop your fee structure

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