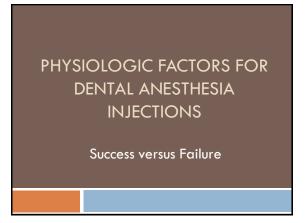
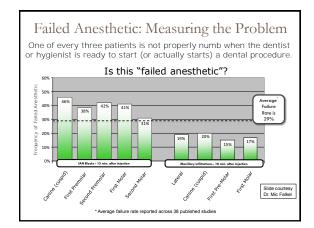
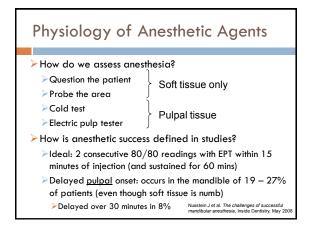
# ARE YOU NUMB YET? THE ANATOMY OF LOCAL ANESTHESIA PART 2: TECHNIQUES Alan W. Budenz, MS, DDS, MBA Dept. of Biomedical Sciences and Vice Chair of Diagnostic Sciences & Services, Dept. of Dental Practice University of the Pacific, Arthur A. Dugoni School of Dentistry San Francisco, California abudenz@pacific.edu







# Physiology of Anesthetic Agents

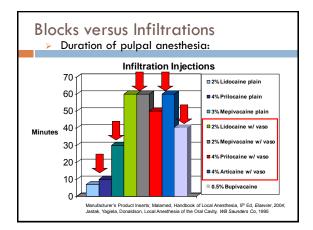
- Onset of anesthesia:
  - 1. Dependent upon anesthetic agent
    - Concentration
    - Diffusion to the site
    - Lipid solubility
    - Protein binding to receptor sites
  - 2. Dependent upon technique, block versus infiltration
    - Infiltration has faster onset
    - Block has longer duration

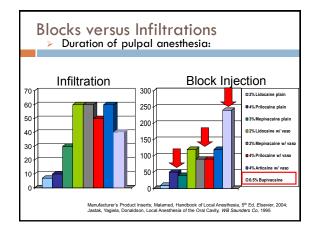
#### Blocks versus Infiltrations

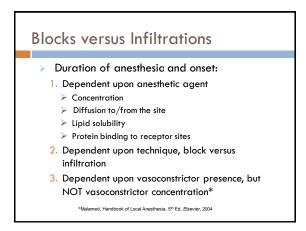
- Advantages of infiltrations
  - Faster onset
- 2. Simple
- 3. Safe
- Good hemostasis (with vasoconstrictor)
- > Disadvantages of infiltrations
  - 1. Multiple injections for multiple teeth
  - 2. Shorter duration of anesthesia

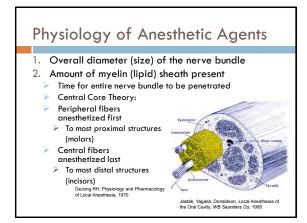
#### Blocks versus Infiltrations

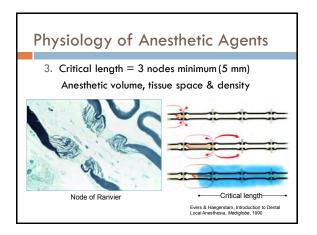
- Dental anesthetic agents: all amides
  - 1. Lidocaine plain or with vasoconstrictor
  - 2. Mepivacaine plain or with vasoconstrictor
- 3. Prilocaine plain or with vasoconstrictor
- 4. Articaine with vasoconstrictor
- 5. Bupivacaine with vasoconstrictor











#### Physiology of Anesthetic Agents

- The "right" volume depends on many variables
  - For infiltration injections,  $\frac{1}{2}$  to  $\frac{3}{4}$  cartridge is generally ideal

Brunetto et al, Anesthetic efficacy of 3 volumes of lidocaine with epinep. illary infiltration anesthesia, Anesth Prog 55, 2008

- For an inferior alveolar nerve block,
  - Less than ½ cartridge tends to be ineffective
  - > 3/4 1 cartridge is ideal

Nusstein et al, Anesthetic efficacy of different volumes of lidocaine with epinephrine for inferior alveolar nerve blocks, Gen Dent 50, 2002

#### Reasons for Anesthetic Failures

- Anatomical/physiological variations
- Technical errors of administration
- 3. Patient anxiety
- 4. Inflammation and infection
- 5. Defective/expired solutions

# Reasons for Anesthetic Failures

- Anatomical/physiological variations
  - Wide flaring mandible
  - Wide flaring ramus
- Long (A P) ramus
- Bulky musculature
- Large buccal fat pad
- Class III occlusion
- Missing teeth
- Children
- Accessory or anomalous nerve pathways

# Reasons for Anesthetic Failures

- Technical errors of administration
  - Too high
  - Too low
  - Too anterior
  - Too posterior
  - Too medial
  - Too lateral
  - Intravascular



#### Reasons for Anesthetic Failures

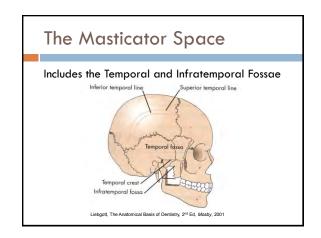
- Anatomical/physiological variations
- Technical errors of administration

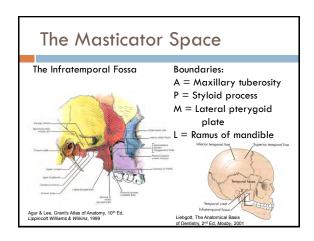
These two are closely related: We will solve by reviewing the anatomy and landmarks

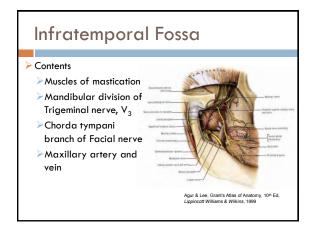


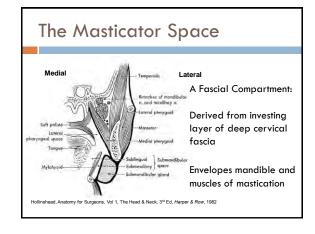
#### REVIEW OF ANATOMY

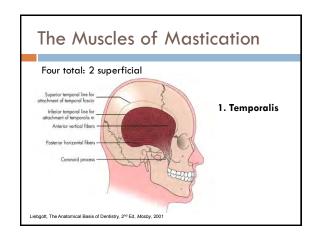
General Anatomy and Landmarks for Mandibular Anesthesia

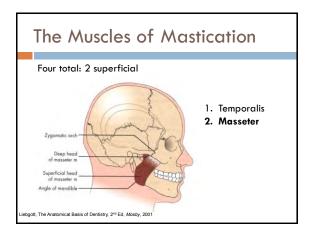


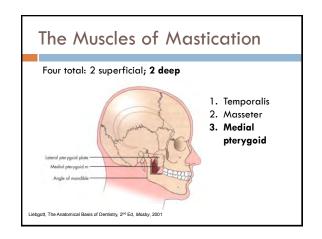


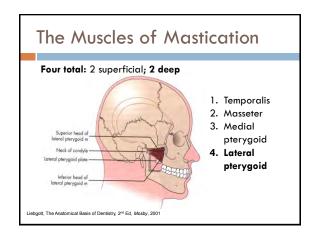


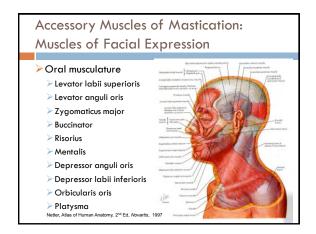


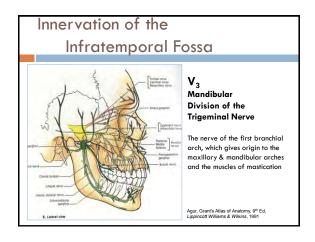


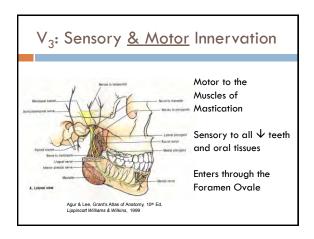


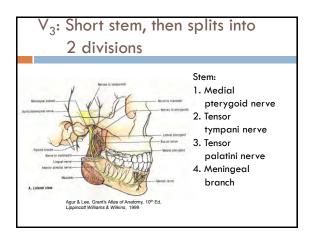


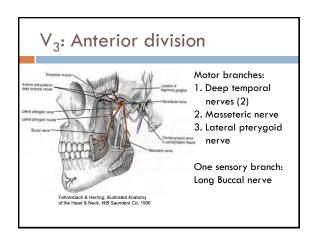


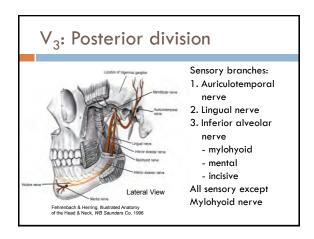


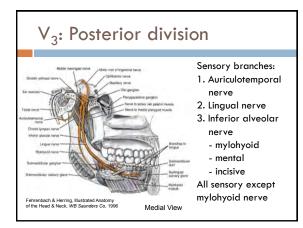


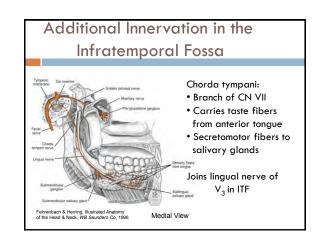


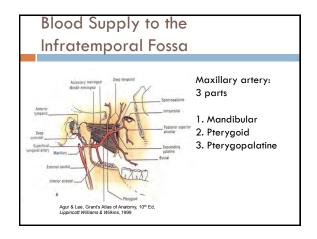


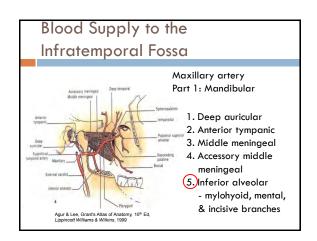


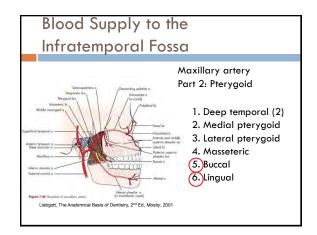


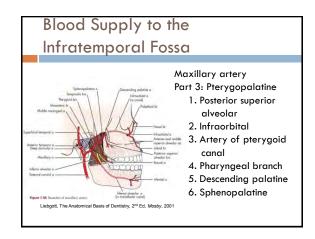


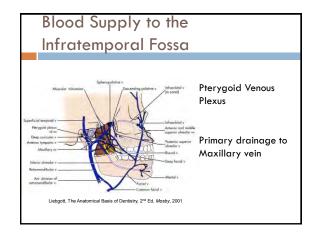


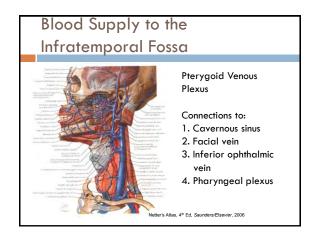


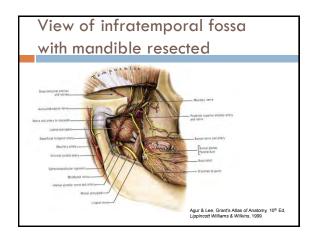


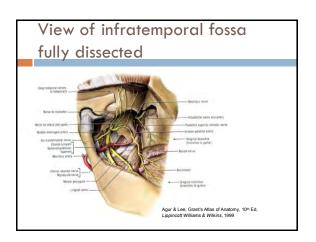




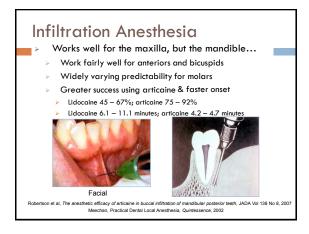


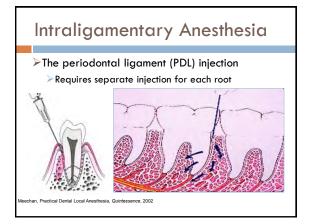


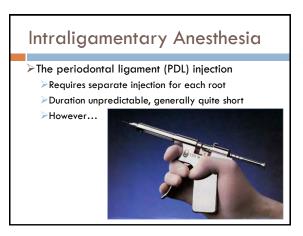












# Intraligamentary Anesthesia

- ➤The periodontal ligament (PDL) injection
  - > Requires separate injection for each root
  - Duration unpredictable, generally quite short
  - Less volume of anesthetic used compared to other techniques
- Recommended to use plain, non-vasoconstrictor containing anesthetic agents
  - Injecting into a highly vascular space
  - Patients are more likely to experience cardiovascular side effects if vasoconstrictor is used

# Intraligamentary Anesthesia

- The periodontal ligament (PDL) injection Cautions:
- 1. Some case reports of bone and root resorption
  - > Most reversible, but isolated irreversible cases
  - $\,>\,$  Incidence increases with increased force of injection
- 2. Pediatric patients with primary or mixed dentition
- Prophylaxis recommended for "at risk" cardiac conditions (artificial valves, prior endocarditis, etc.)





- ➤ Penetrate the cortical plate between the roots of two neighboring teeth
- Inject directly into the cancellous bone
- Will anesthetize both teeth
  - ➤ The Stabident System
  - ➤ The X-Tip System
  - ➤ The IntraFlow System
  - > Hypo intraosseous needles



#### Intraosseous Anesthesia

- First assess with radiograph for adequate perforation space
  - ≥Impaction?
  - >Abcess?
  - ➤ Periodontal disease?



# Intraosseous Anesthesia ➤ The Stabident System Step 1:

Step 1: Submucosal infiltration to injection site

See light tissue blanching

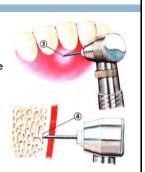
## Intraosseous Anesthesia

► The Stabident System

Step 2:

Penetrate cortical plate with perforator in reduction gear slowspeed handpiece

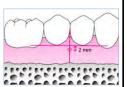
Feel "drop" through cortical plate



# Intraosseous Anesthesia

➤ The Stabident System

Step 2: Penetration/Injection site: 2 mm below gingival margin and between teeth



eechan, Practical Dental Local Anesthesia, Quintessence, 2

#### Intraosseous Anesthesia

➤ The Stabident System

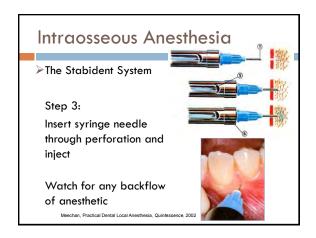
Step 2:

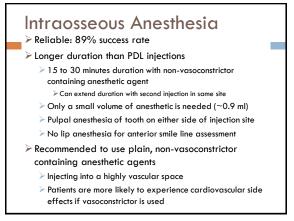
Perforation/Injection site: 2 mm below gingival margin and between teeth

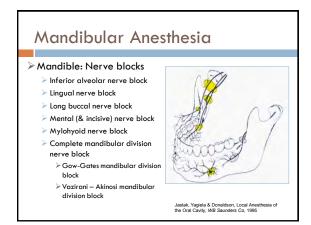
Perforation should only take 3 to 4 seconds

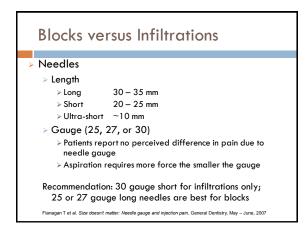


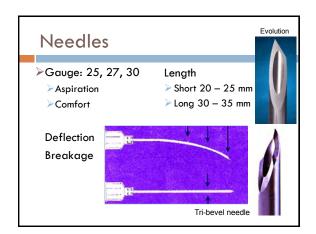
Meechan, Practical Dental Local Anesthesia. Quintessence, 2002

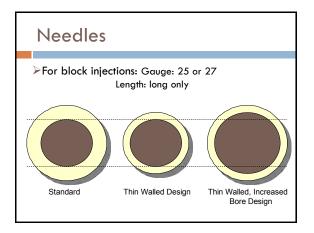


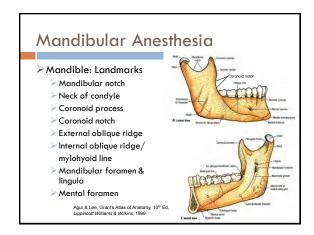


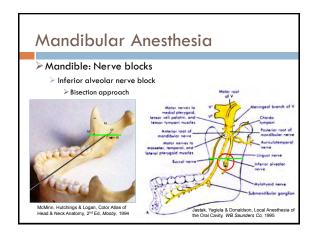


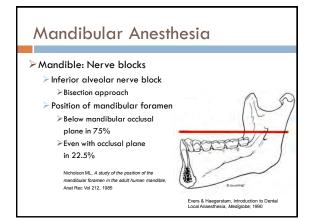


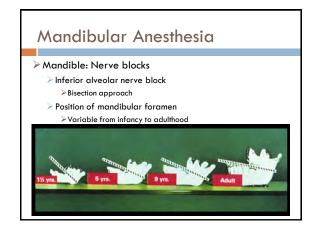


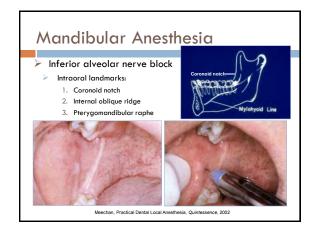


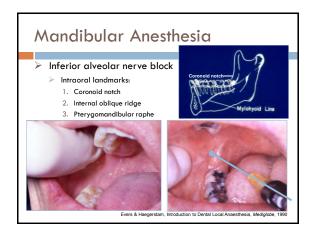


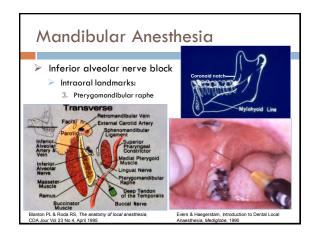


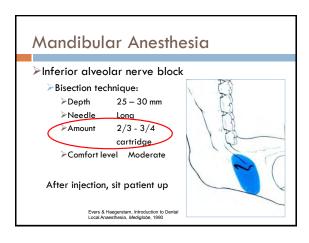


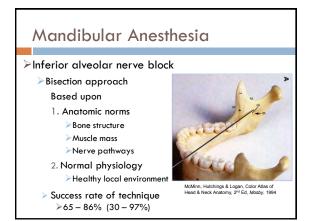


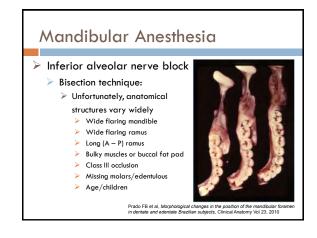


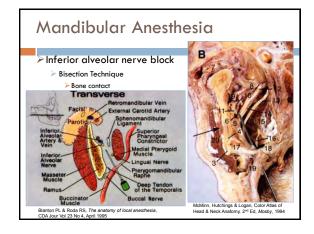


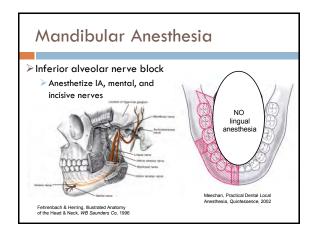


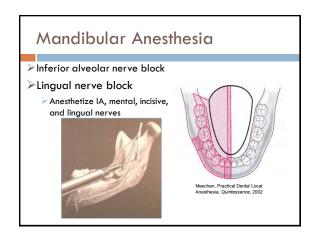


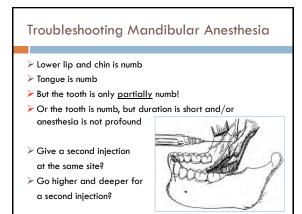












Troubleshooting Mandibular Anesthesia

Or the tooth is numb, but duration is short and/or

If a different anesthetic, or combination of anesthetics, is found to work better for a patient, record that fact and start with that anesthetic at

Solution: give a second injection in the same site with

> There is no contraindication for combining any of

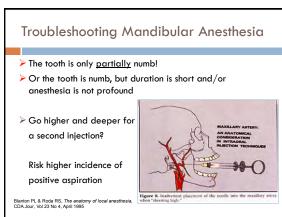
The tooth is only partially numb!

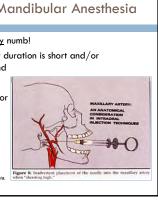
anesthesia is not profound

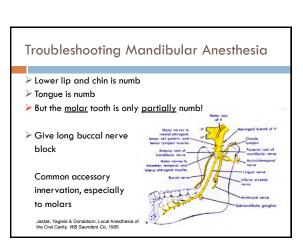
a different anesthetic agent

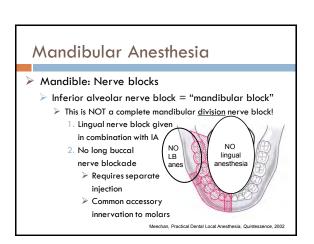
the next appointment

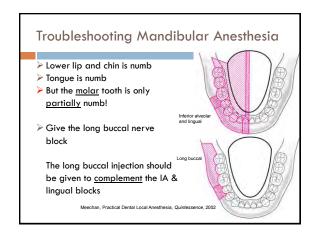
the amide anesthetic agents

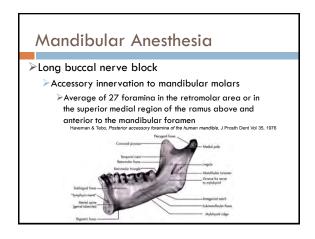


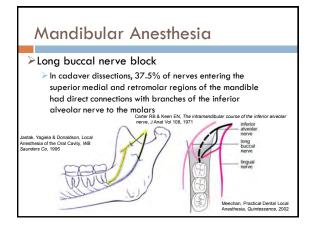


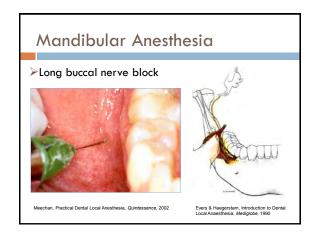


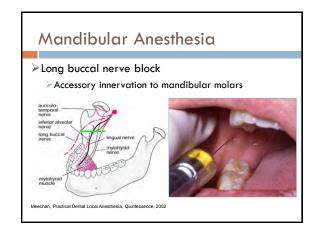


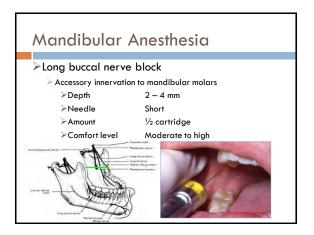


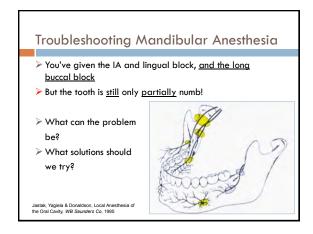


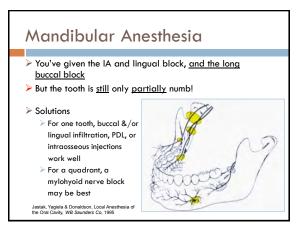


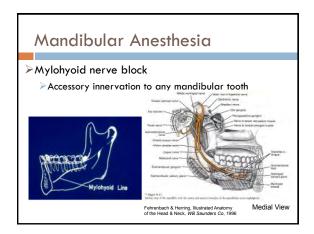


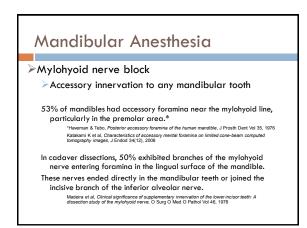


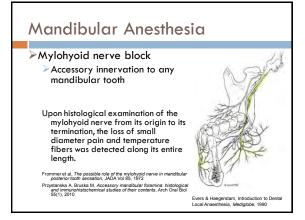


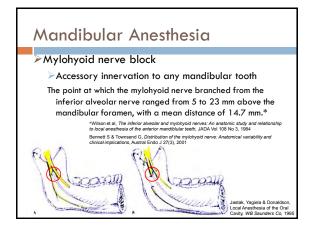


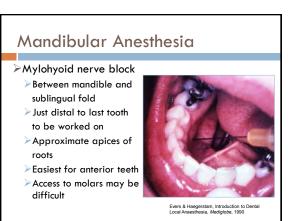


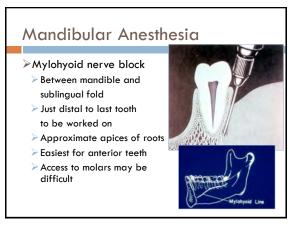


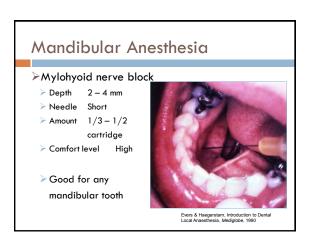


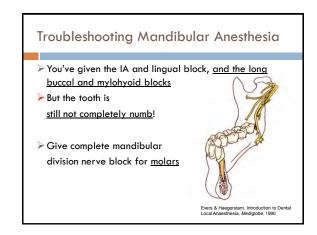


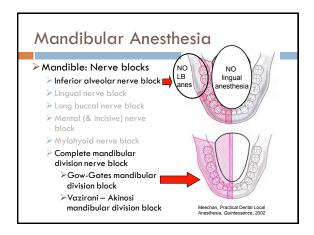


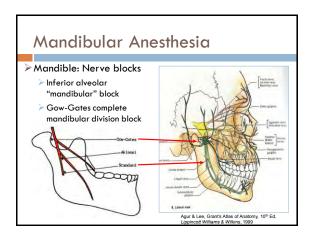










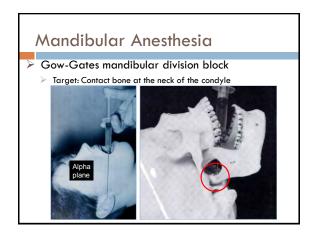


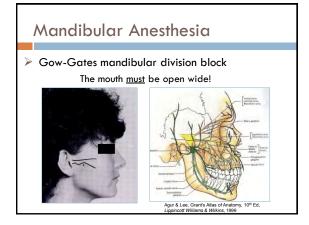


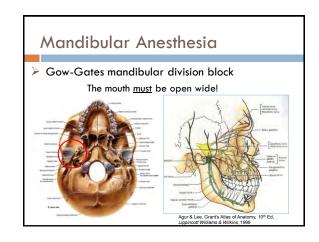
Alpha plane:
 from intertragic notch
 of the ear to corner of
 the mouth, and across
 to the opposite corner
 of the mouth

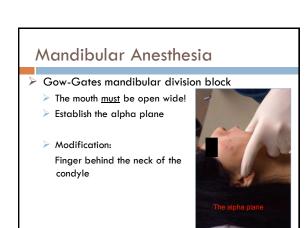
Anterior – posterior orientation

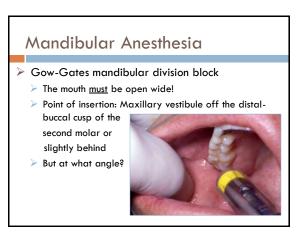


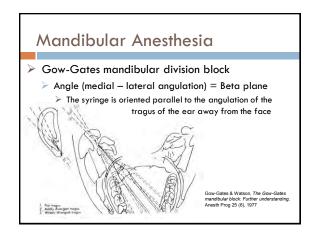


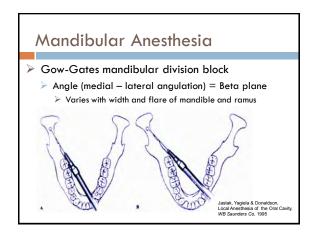




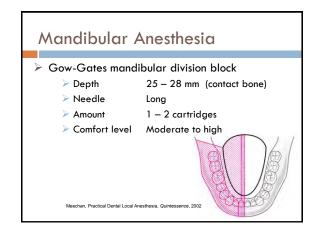


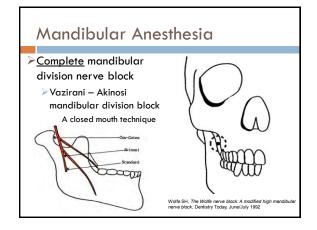


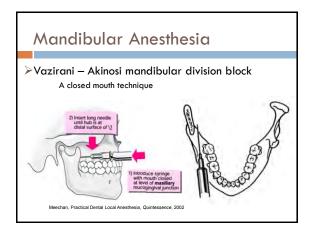


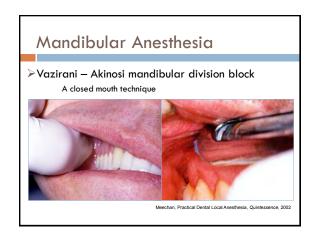


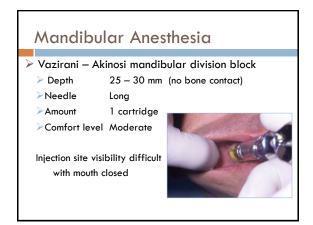


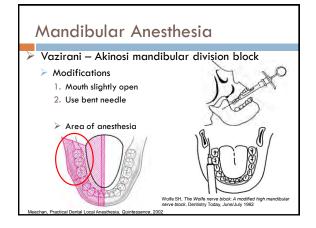


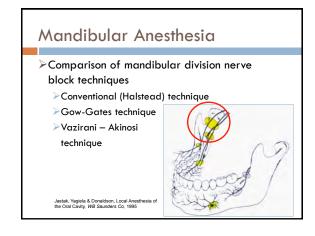


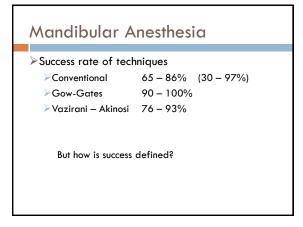


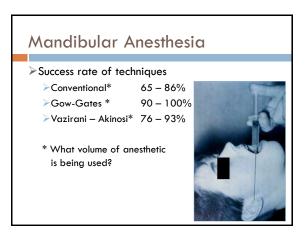


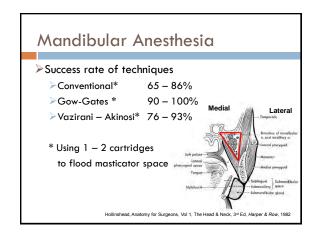


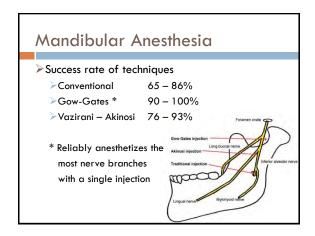


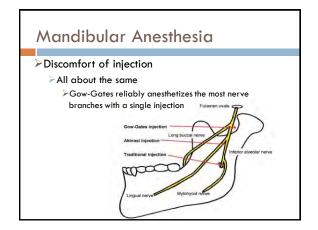


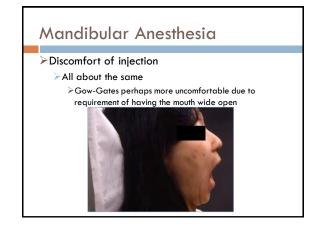


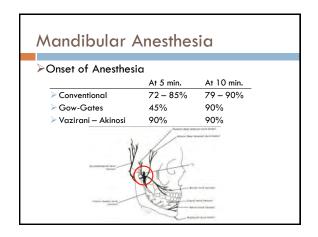


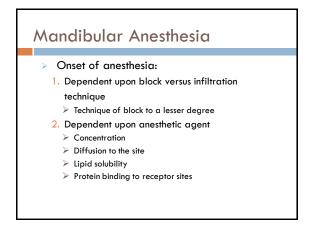


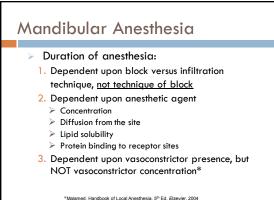


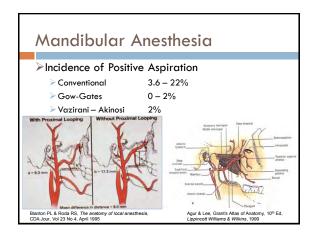


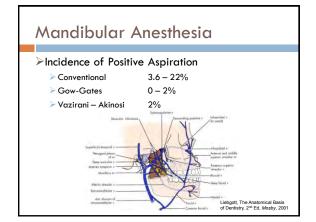


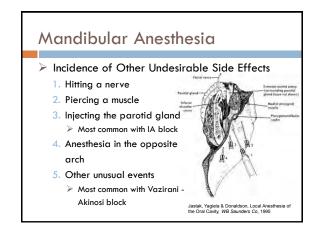


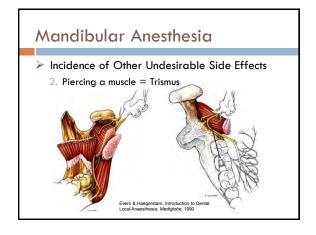


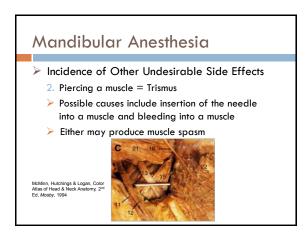










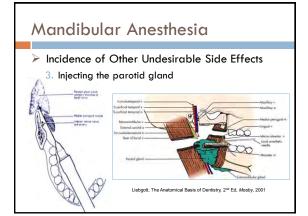


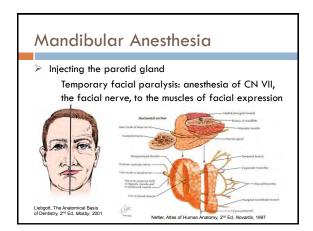
#### Mandibular Anesthesia

- Incidence of Other Undesirable Side Effects
  - 2. Piercing a muscle = Trismus
  - Trismus symptoms may appear within 1 to 6 days post-injection
  - If there is no improvement within 2 to 3 days, or if the condition worsens, consider treating the patient for an infection
    - > Infection from an injection is rare
  - If an infection does occur, it will usually manifest itself initially as pain and trismus 1 day postinjection

#### Mandibular Anesthesia

- Incidence of Other Undesirable Side Effects
  - 2. Piercing a muscle = Trismus
  - Treatment
  - 1. Apply heat
  - 2. Recommend muscle relaxants (ibuprofen)
  - 3. Analgesics/anti-inflammatories if needed
  - 4. Exercises
  - ➤ Symptoms commonly last 1 2 weeks or less





#### Mandibular Anesthesia

- Comparison of mandibular division nerve block techniques
  - Conventional (Halstead) technique
  - > Advantages:
    - ► Most familiar and most widely used
    - ➤Good success rate (65 86%+)
  - Disadvantages:
    - Higher success rates associated with increased incidence of positive aspiration
    - >Moderate incidence of trismus and/or paresthesia
    - Multiple injections required for anesthesia of inferior alveolar, lingual, long buccal, and mylohyoid nerves

#### Mandibular Anesthesia

- Comparison of mandibular division nerve block techniques
  - Gow-Gates technique
  - > Advantages:
    - ➤ Very high success rate (90 100%)
    - Extremely low incidence of positive aspirations
    - Significantly reduced incidence of trismus and/or paresthesia
    - Single injection for anesthesia of inferior alveolar, lingual, long buccal, and mylohyoid nerves
  - Disadvantages:
    - ➤ Technically a more difficult technique to master
    - $\triangleright$ Slower onset of anesthesia
    - ▶ Possible increased patient discomfort

#### Mandibular Anesthesia

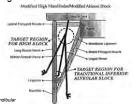
- Comparison of mandibular division nerve block techniques
  - > Vazirani Akinosi technique
  - Advantages:
    - ► Moderate to high success rate (76 93%)
    - Extremely low incidence of positive aspirations
    - Significantly reduced incidence of trismus and/or paresthesia
    - ➤ Potential single injection for anesthesia of inferior alveolar, lingual, long buccal, and mylohyoid nerves
    - Less threatening to apprehensive patients (closed mouth)
    - Ability to anesthetize both sensory and motor nerve branches uniquely useful for patients with severe trismus

#### Mandibular Anesthesia

- Comparison of mandibular division nerve block techniques
  - Vazirani Akinosi technique
  - Disadvantages:
    - Increased potential for operator error due to no bone contact
    - >Higher incidence of unexpected and unusual side effects
    - Least reliable technique to achieve anesthesia of long buccal nerve

#### Mandibular Anesthesia

- The risk of nerve injury with administration of prilocaine (Citanest) or articaine (Septocaine) may be reduced by using "high" mandibular division block techniques
  - Gow-Gates technique
  - > Vazirani Akinosi technique



Wolfe SH, The Wolfe nerve block: A modified high mandi

FRONTAL VIEW RIGHT MANDIBULAR RAMUS

#### Mandibular Anesthesia

- Comparison of mandibular division nerve block
  - techniques
  - Conventional (Halstead) technique
  - Gow-Gates technique
  - Vazirani Akinosi technique

So which technique is the best?



#### Troubleshooting Anesthesia

- ➤The "Hot" Tooth
- First, give a block injection
  - The Gow-Gates mandibular division block has a significantly higher success rate than all other techniques

Gow-Gates 52%

Vazirani-Akinosi 41% Conventional IA 36%

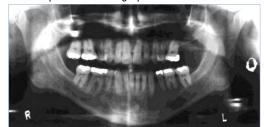
Buccal-plus-lingual infiltration 27%

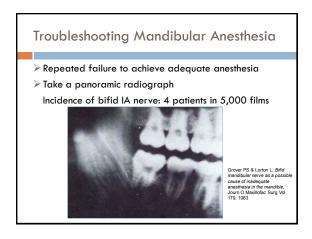
No technique was fully acceptable by itself

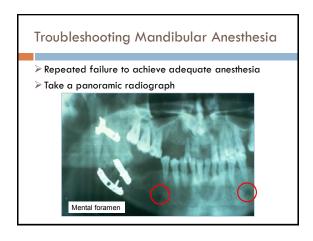
Aggarwal V et al, Comparative evaluation of anesthetic efficacy of Gow-Gates mandibular conduction anesthesia Vazirari-Akinosi technique, buccal-plus-lingual infiltrations, and conventional inferior alveolar nerve anesthesia in patients with inverserable pulpits. O Surg O Med O Path O Radio Endo, Vol. 108 No. 2, Feb. 2010

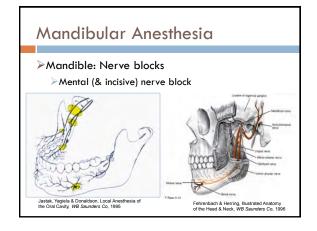
#### Troubleshooting Mandibular Anesthesia

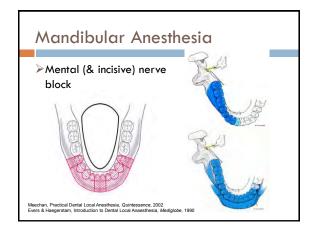
- > Repeated failure to achieve adequate anesthesia
- > Take a panoramic radiograph

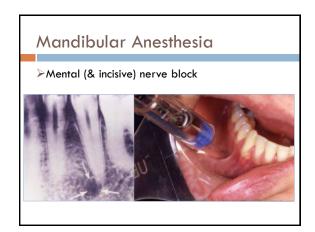


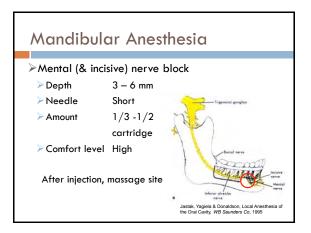


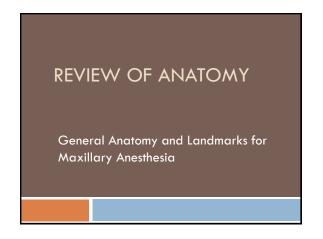


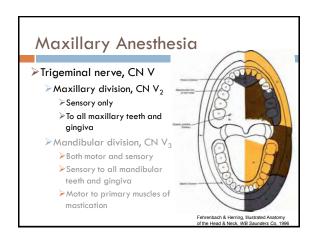


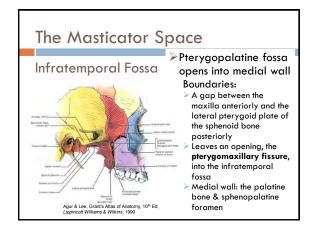


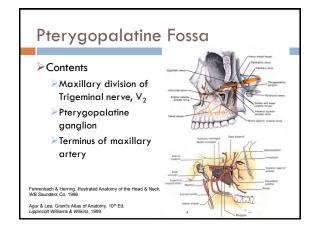


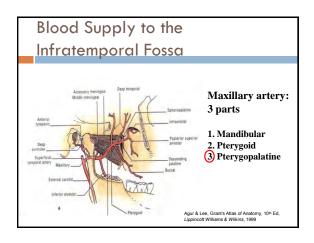


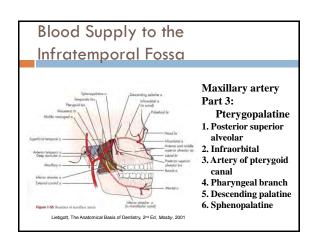


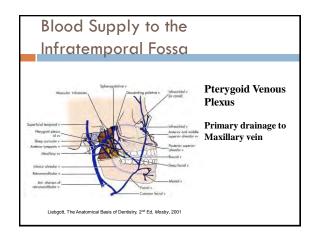


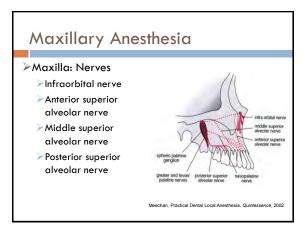


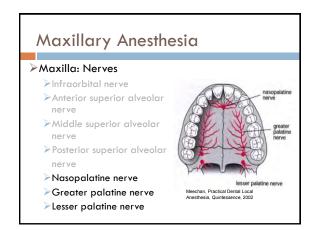




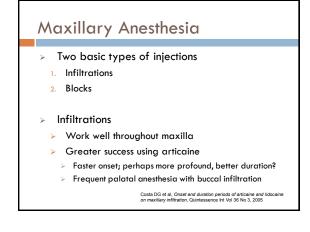


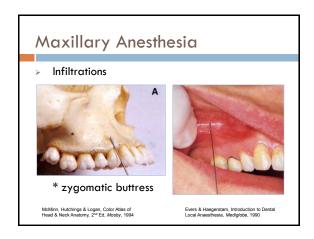


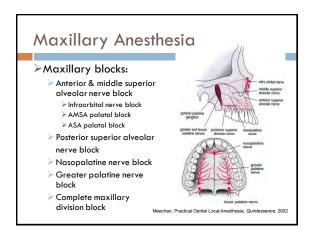


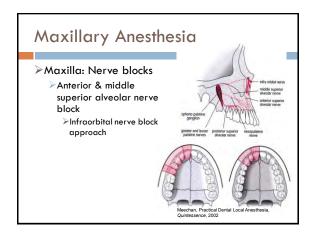


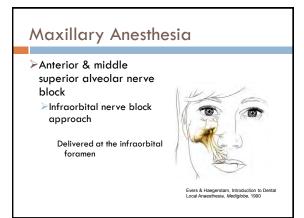


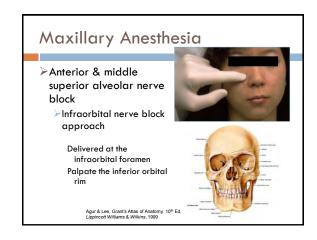


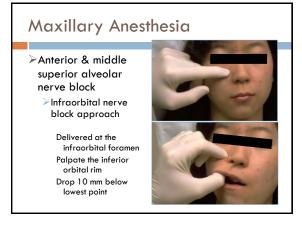


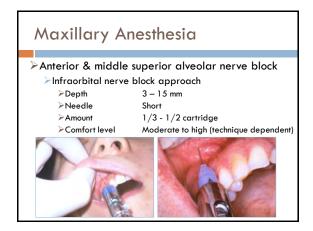


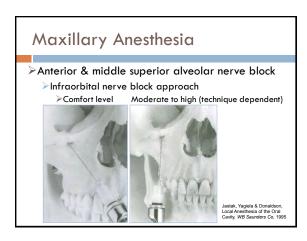


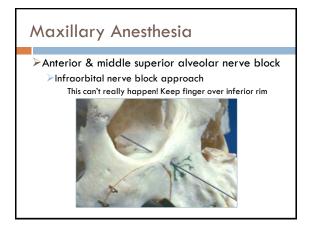


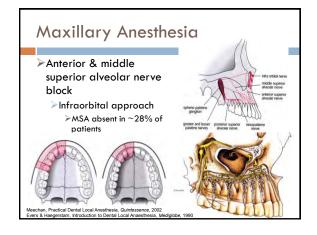


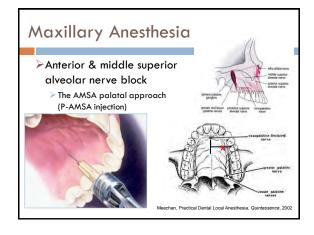


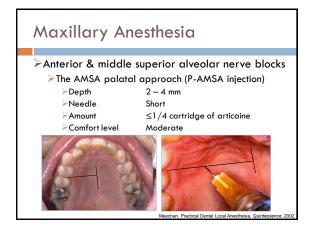


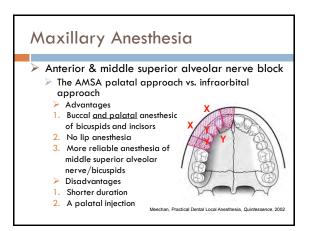






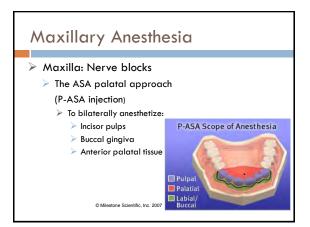




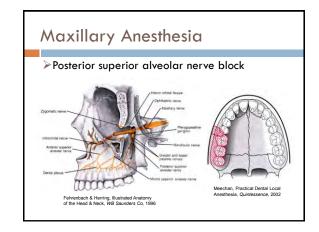


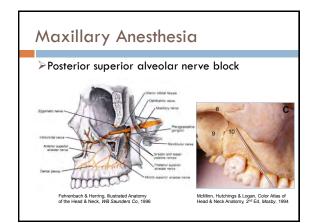


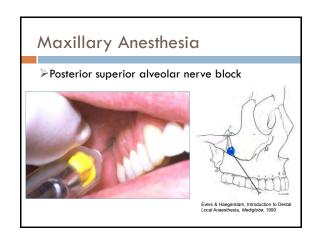
- Techniques to minimize the discomfort of palatal injections
  - 1. Topical anesthesia
  - 2. Pressure distraction/analgesia
  - 3. Slow injection with small volumes
  - 4. Buccal infiltrations
  - 5. Explain all that you do to minimize the discomfort

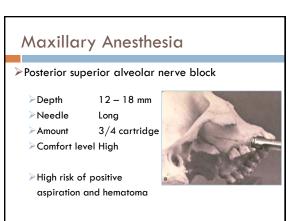


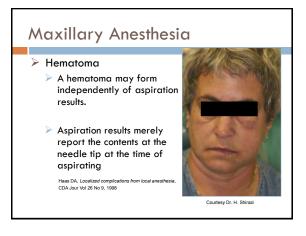
# Maxillary Anesthesia > Bilateral anterior superior alveolar nerve block > The ASA palatal approach (P-ASA injection) 1. Inject from side of incisive papilla initially, then gently shift to vertical orientation as enter incisive canal 2. SLOWLY inject 1/4 – 1/3 cartridge of articaine

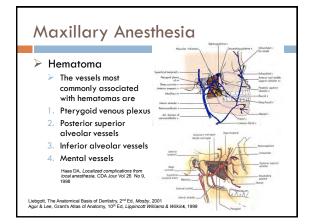


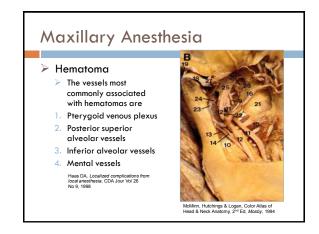


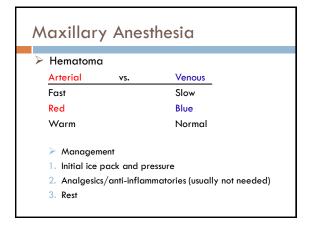


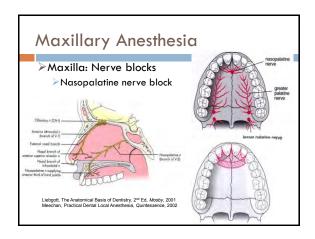












# Maxillary Anesthesia

- Nasopalatine nerve block
  - > The Three-Step technique
  - 1. Buccal infiltration over either central incisor





# Maxillary Anesthesia

- Nasopalatine nerve block
  - The Three-Step technique
  - 1. Buccal infiltration over either central incisor
  - 2. Infiltrate central papilla





#### Maxillary Anesthesia

- Nasopalatine nerve block
  - > The Three-Step technique
  - 1. Buccal infiltration over either central incisor
  - 2. Infiltrate central papilla
  - 3. Inject nasopalatine (incisive) papilla





# Maxillary Anesthesia

- Nasopalatine nerve block
  - Depth
- 2-4 mm
- Needle
- Short
- Amount
- $\frac{1}{2}$  cartridge total, or less,
- for all three injections
- Comfort level Moderate to high

## Computer-Controlled Delivery Systems

- ➤ The "Wand": Single Tooth Anesthesia (STA) system
  ➤ Milestone Scientific
- ➤ The Comfort Control Syringe
  - > Dentsply, Inc.
- Objective is to deliver the anesthetic at a rate and pressure that is below the threshold of pain
  - ➤ Potentially pain-free injections
  - > Reduced volumes of anesthetic injected

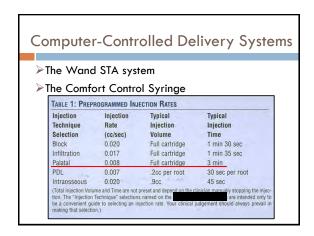
# Computer-Controlled Delivery Systems The "Wand": STA Can give all traditional injections

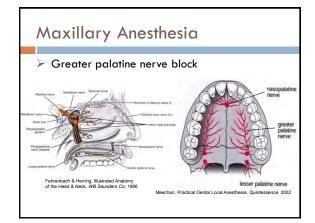
- Safer PDL injections
- ▶Painless palatal injections

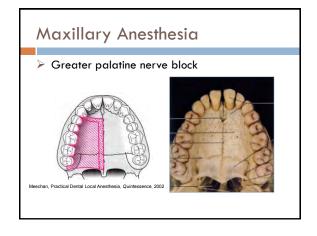


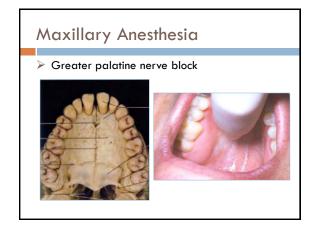


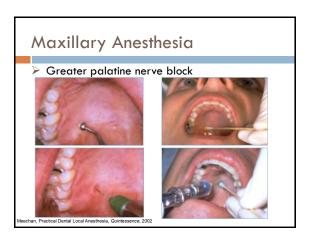


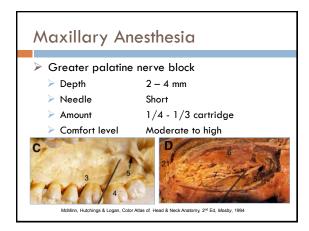


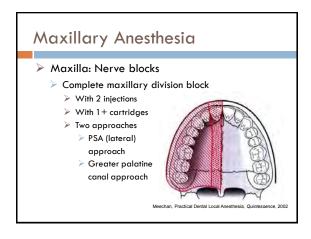


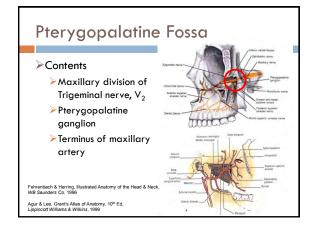


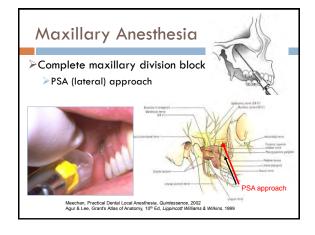


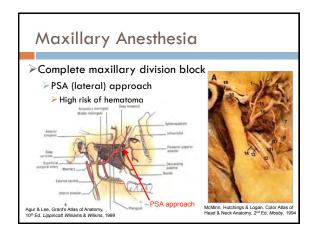


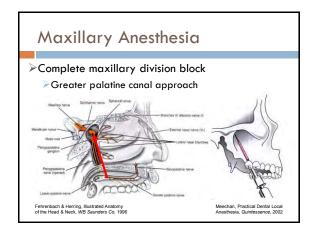


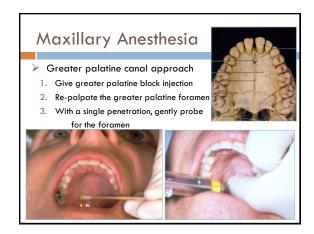


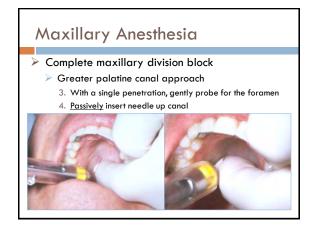


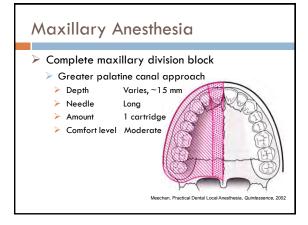


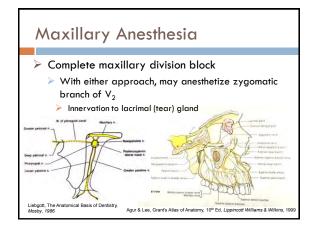


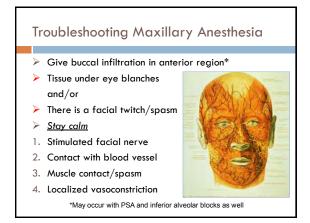


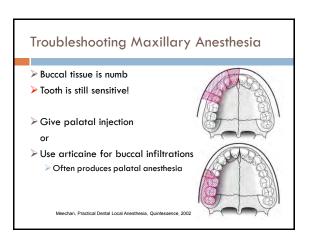


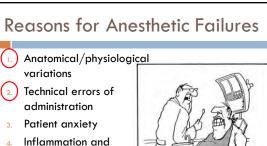












- Defective/expired
- solutions

infection



# What defines success?

- "Adequate anesthesia to insure patient comfort for the duration of the procedure"
- Different for each procedure
- Different for each patient



#### What defines success?

- ▶ Infiltration
- **➢** Block

So which technique is the best? It depends on:

- 1. What you need to do
- 2. On the specific patient
- 3. On your comfort zone
- 4. Proper Technique
- 5. Proper anesthetic agent



# Keys to Success

- Anesthetic failures happen
- ➤ The "Three Strikes Rule"
  - > 3 attempts at anesthesia, then stop
- ≥lt's not about "fault"
  - ≥ It's not the patient's fault
  - ≥ It's not your fault
  - > Failures happen

Reschedule the patient!



# Keys to Success

It's the thought that counts

